

Women's Retreat Autumn Renewal October 21 - 24 , 2016

The Lodge at Oak Creek Ranch, Santa Margarita, CA
OakCreekLodge.com

Presented By:

Maribeth Hammond, Master Yoga Teacher, Y.A. E-RYT 500
www.theyogachannel.net, 805-368-4269

Dottie Ricketson, Master Life Coach
www.DottieRicketson.com, 303-263-8653

Spend the weekend immersed in nature on this 163 acre ranch just outside of San Luis Obispo. Registration Fee of \$695 per person/double occupancy, includes:

- 3 nights lodging
- 3 healthy and delicious meals daily in an alcohol free environment
- Daily yoga classes
- Private life coaching sessions
- Meditation
- Pool Party at our private swimming pool (weather permitting)
- Games, hikes, and more.

You can choose to spend your free time getting a massage by LB (extra charge) exploring the grounds, making new friends, or just relaxing and reading.

Registration and Full Payment due by September 1, 2016

To register and reserve your room, call Dottie at [303-263-8653](tel:303-263-8653).

