

# REJUVENATION VACATION

**November 8 – November 14, 2015**

**CASA OM - A Boutique Retreat Center  
Puerto Morelos, Mexico**

## **Presented By:**

**Maribeth Hammond**, Yoga Teacher, Y.A. E-RYT 500  
[www.theyogachannel.net](http://www.theyogachannel.net), 805-368-4269

**Dottie Ricketson**, Master Life Coach  
[www.DottieRicketson.com](http://www.DottieRicketson.com), 303-263-8653

## **\$1,599 Per Person Includes:**

- Yoga with Maribeth
- Guided Self Discovery Workshops with Dottie
- 6 Nights Lodging (double occupancy)
- Breakfast Daily and 4 Dinners
- Plenty of Free Time to Relax and Explore
- Transportation To and From Cancun Airport

## **Registration:**

- Deadline July 1, 2015
- Deposit \$500
- Download registration form at [DottieRicketson.com](http://DottieRicketson.com) or [TheYogaChannel.net](http://TheYogaChannel.net)

**Space is limited – Register Early**

**Airfare is NOT Included**

